

Excellence in Education Catering

# The Benefits of School Lunch

As your child's **School Lunch Provider**, **HCL** takes great pride in delivering tasty and nutritional meals at every lunchtime service.

There are so many benefits to having a cooked school lunch, such as:

- Nutritious meals full of energy-fueling ingredients, lead to a better learning environment.
- Convenient for Parents and Carers.
- At least one portion of **fruit** and **vegetables** in every serving.
- Confidence that all meals meet nutritional standards.

As **experts** in nutrition and catering, providing a service that parents can trust, with menus that prioritise your childrens' health and well-being, is at the forefront of our operation. We're all leading busy lives, so let our menu provide your child with a hot, healthy and balanced meal.





# Sustainability

We take our responsibility to implement sustainable practices that positively impact our customers, communities and the health of our planet very seriously. This ethos is embedded in our values and policies and is reflected in our entire supply chain. HCL is taking multiple steps to reduce our environmental impact by:

- Proactively educating and raising awareness of how all ages can support sustainability.
- Encouraging all staff across the business to be environmentally responsible through regular training. Ensuring we all adhere to environmental laws, policies and procedures.
- Working with our suppliers to replace any negative environmental impacts with positive ones. Meeting these requirements is mandatory for all our suppliers.

WE'RE COMMITTED TO ACHIEVING NET ZERO BY 2030!

FRESH FRUIT AND A CHOICE OF DESSERTS ARE AVAILABLE DAILY



# **Social Value**

Social value is important to us, demonstrated in part by our Community Support Team who deliver workshops in schools such as Cookery clubs, Gardening clubs, Healthy Eating workshops and Assemblies.

All our clubs are highly inclusive, we have parents, grandparents and siblings signing up to enjoy them!



## **Accreditations**

We're incredibly proud that we:

- Comply with Government Food Standards.
- Have achieved Food For Life Silver Award for 8 years.
- Prepare 75% of dishes freshly from unprocessed ingredients containing no undesirable additives or trans fats.
- Provide the Platinum Sugarwise catering mark for all Primary Schools; giving you peace of mind that our menu consists of low amounts of 'free sugars'.

**SUGAR** 

**WISE** 

### Recruitment

Join our catering team, working part time and term time preparing and serving delicious, nutritious school meals!

Working for HCL, we will provide you with full training, personal development, part time and term time only working (so you can have the holidays off to fit in with your family life), pension, on the job support and discounts that can save you £100s each year!

Positions are available in both Primary & Secondary Schools and our recruitment team is waiting to hear from you right now!

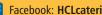
TO FIND OUT MORE AND APPLY FOR ANY OF OUR LATEST VACANCIES, JUST SCAN HERE













**Served Week Commencing:** 

• 2022: 31 October, 21 November, 12 December • 2023: 5 January, 23 January, 20 February, 13 March

### **MULTI CHOICE MENU**

SPRING

2022/23

### **MONDAY**

**BBQ Dusted Chicken** with Rice

Italian Pasta Bake (Ve) with Crusty Bread

#### **TUESDAY**

Mediterranean Roll (Ve) with Potato Wedges

Macaroni Cheese (V) with Garlic Bread

#### **WEDNESDAY**

Roast Chicken with Sage and Onion Stuffing

Sausages in Yorkshire Pudding (V)

with Roast Potatoes or Wholemeal Pasta

#### **THURSDAY**

**Cottage Pie** 

Quorn Burger in a Bun (V) with Diced Potatoes

#### **FRIDAY**

**Battered Fish** 

**Cheese and Tomato** Pizza (V)

with Oven Chips or Pasta

### WEEK TWO

Served Week Commencing: • 2022: 7 November, 28 November, 19 December • 2023: 9 January, 30 January, 27 February, 20 March

#### **MONDAY**

**Pork Sausages in Gravy** with Creamed Potatoes

Cheese & Veg Pasties (V) with Diced Potatoes

#### **TUESDAY**

Chicken Pie with Herby Potatoes

Mild Vegetable Curry (Ve) with Rice

#### **WEDNESDAY**

Roast Beef and Yorkshire Pudding

Lentil Roast (V)

with Roast Potatoes or Wholemeal Pasta

#### **THURSDAY**

Quorn Hot Dog (V)

Roasted Vegetable Lasagne (V) with Garlic Bread

> with Potato Wedges or Pasta

#### **FRIDAY**

**Crispy Coated Salmon** 

**Cheese and Tomato** Pizza (V)

with Oven Chips or Pasta

### **WEEK THREE**

Served Week Commencing: • 2022: 14 November, 5 December • 2023: 16 January, 6 February, 6 March, 27 March

#### **MONDAY**

**Vegballs in Homemade** Tomato Sauce (Ve) with Pasta

Cheese Pinwheel (V) with Diced Potatoes

#### **TUESDAY**

Mild Chicken Curry with Rice

Omelette, Grilled Tomatoes and Baked Beans (V)

> with Potato Wedges or Tricolour Pasta

#### WEDNESDAY

Roast Pork with Sage and Onion Stuffing

**Tomato Bolognese (Ve)** 

with Roast Potatoes or Wholemeal Pasta

#### **THURSDAY**

Beef Burger in a Bun with Potato Wedges

Cheese. Potato and Broccoli Bake (V)

#### **FRIDAY**

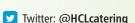
**Fish Fillet Fingers** 

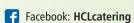
**Cheese and Tomato** Pizza (V)

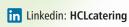
or Pasta

with Oven Chips

Freshly baked bread, seasonal vegetables and bowl salads are available daily • Gravy and Custard are always available separately when on the menu • All our milk is organic - fresh from the dairy







(V) = Vegetarian (Ve) = Vegan

