



*Excellence in Education Catering*

## The Benefits of School Lunch

As your child's **School Lunch Provider**, HCL takes great pride in delivering tasty and nutritional meals at every lunchtime service.

There are so many **benefits** to having a cooked school lunch, such as:

- **Nutritious** meals full of **energy-fueling** ingredients, lead to a **better learning environment**.
- **Convenient** for Parents and Carers.
- At least one portion of **fruit** and **vegetables** in every serving.
- Confidence that **all** meals meet **nutritional** standards.

As **experts** in nutrition and catering, providing a service that parents can **trust**, with menus that prioritise your childrens' **health and well-being**, is at the forefront of our operation. We're all leading busy lives, so let our menu provide your child with a **hot, healthy and balanced meal**.



## Sustainability

We take our responsibility to implement **sustainable practices** that **positively** impact our customers, communities and the health of our planet very seriously. This ethos is embedded in our values and policies and is reflected in our entire supply chain. HCL is taking multiple steps to reduce our environmental impact by:

- Proactively **educating** and **raising awareness** of how all ages can **support sustainability**.
- **Encouraging** all staff across the business to be environmentally responsible through regular **training**. Ensuring we all adhere to **environmental laws, policies and procedures**.
- Working with our suppliers to replace any **negative** environmental impacts with **positive** ones. Meeting these requirements is **mandatory** for all our suppliers.

**WE'RE COMMITTED TO ACHIEVING  
NET ZERO BY 2030!**

**FRESH FRUIT AND A CHOICE OF  
DESSERTS ARE AVAILABLE DAILY**



## Social Value

Social value is important to us, demonstrated in part by our **Community Support Team** who deliver workshops in schools such as **Cookery clubs, Gardening clubs, Healthy Eating workshops** and **Assemblies**. All our clubs are highly inclusive, we have parents, grandparents and siblings signing up to enjoy them!



## Accreditations

We're incredibly proud that we:

- Comply with **Government Food Standards**.
- Have achieved **Food For Life Silver Award** for 8 years.
- Prepare **75%** of dishes **freshly** from **unprocessed** ingredients containing no **undesirable additives** or **trans fats**.
- Provide the **Platinum Sugarwise** catering mark for all Primary Schools; giving you peace of mind that our menu consists of low amounts of '**free sugars**'.



## Recruitment

Join our catering team, working part time and term time preparing and serving delicious, nutritious school meals!

Working for HCL, we will provide you with **full training, personal development**, part time and term time only working (so you can have the holidays off to fit in with your family life), pension, on the job support and discounts that can save you **£100s** each year!

Positions are available in both Primary & Secondary Schools and our recruitment team is waiting to hear from you right now!

**TO FIND OUT MORE AND APPLY FOR ANY OF  
OUR LATEST VACANCIES, JUST SCAN HERE**



SCAN ME



## WEEK ONE

Served Week Commencing:

• 2022: 31 October, 21 November, 12 December • 2023: 5 January, 23 January, 20 February, 13 March

### MONDAY

BBQ Dusted Chicken  
with Rice  
  
Italian Pasta Bake (Ve)  
with Crusty Bread

### TUESDAY

Mediterranean Roll (Ve)  
with Potato Wedges  
  
Macaroni Cheese (V)  
with Garlic Bread

### WEDNESDAY

Roast Chicken  
with Sage and Onion Stuffing  
  
Sausages  
in Yorkshire Pudding (V)  
  
with Roast Potatoes  
or Wholemeal Pasta

### THURSDAY

Cottage Pie  
  
Quorn Burger in a Bun (V)  
with Diced Potatoes

### FRIDAY

Battered Fish  
  
Cheese and Tomato  
Pizza (V)  
  
with Oven Chips  
or Pasta

WINTER/  
SPRING  
2022/23

## WEEK TWO

Served Week Commencing: • 2022: 7 November, 28 November, 19 December • 2023: 9 January, 30 January, 27 February, 20 March

### MONDAY

Pork Sausages in Gravy  
with Creamed Potatoes  
  
Cheese & Veg Pasties (V)  
with Diced Potatoes

### TUESDAY

Chicken Pie  
with Herby Potatoes  
  
Mild Vegetable Curry (Ve)  
with Rice

### WEDNESDAY

Roast Beef  
and Yorkshire Pudding  
  
Lentil Roast (V)  
  
with Roast Potatoes  
or Wholemeal Pasta

### THURSDAY

Quorn Hot Dog (V)  
  
Roasted Vegetable Lasagne (V)  
with Garlic Bread  
  
with Potato Wedges  
or Pasta

### FRIDAY

Crispy Coated Salmon  
  
Cheese and Tomato  
Pizza (V)  
  
with Oven Chips  
or Pasta

## WEEK THREE

Served Week Commencing: • 2022: 14 November, 5 December • 2023: 16 January, 6 February, 6 March, 27 March

### MONDAY

Vegballs in Homemade  
Tomato Sauce (Ve)  
with Pasta  
  
Cheese Pinwheel (V)  
with Diced Potatoes

### TUESDAY

Mild Chicken Curry  
with Rice  
  
Omelette, Grilled Tomatoes  
and Baked Beans (V)  
  
with Potato Wedges  
or Tricolour Pasta

### WEDNESDAY

Roast Pork  
with Sage and Onion  
Stuffing  
  
Tomato Bolognese (Ve)  
  
with Roast Potatoes  
or Wholemeal Pasta

### THURSDAY

Beef Burger in a Bun  
with Potato Wedges  
  
Cheese, Potato  
and Broccoli Bake (V)

### FRIDAY

Fish Fillet Fingers  
  
Cheese and Tomato  
Pizza (V)  
  
with Oven Chips  
or Pasta

Freshly baked bread, seasonal vegetables and bowl salads are available daily • Gravy and Custard are always available separately when on the menu • All our milk is organic - fresh from the dairy (V) = Vegetarian (Ve) = Vegan